

Hey! Are
you OK?

Not
really

Reach out and
contact @ease!

FREE | ANONYMOUS | CHAT | WALK IN



No matter what's
on your mind,
@ease will be
there for you.



CHAT WITH OUR VOLUNTEERS

Every Monday to Thursday
from 15:30 till 18:00 PM



**OR VISIT US AT 1
OF OUR
LOCATIONS IN THE
NETHERLANDS**



**@ease Maastricht
@ease Amsterdam
@ease Heerlen
@ease Rotterdam
@ease Groningen
@ease Leiden**



*Check www.ease.nl
for opening hours
and other locations*